



## Résumé

Carrie T. Ishee, M.A., LPAT, ATR-BC, LPCC, PCC  
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### EXPERIENCE

#### **Private Practice - 2011- current**

Art Therapist. Trauma Therapist. Life Coach

Santa Fe, NM

Faculty - Southwestern College

Santa Fe, NM

CEU Workshop Leader -

Santa Fe, NM

#### **Life Healing Center of Santa Fe - 2011-2013 Santa Fe, NM**

Santa Fe, NM

Art therapist. Trauma Therapist. Serves as primary therapist to dually diagnosed post-traumatic stress and addiction survivors. Lead ALMA program supporting recovery of partners of sex addicts. Develops and implements treatment plans, leads large and small recovery groups at 30 bed treatment facility. Focuses on personal empowerment, creative expression, self-care, relationship building, and emotional self-regulation.

#### **HeartSpace Coaching (life coaching)/ Catalytic Coaching and Consulting. LLC (executive and organizational coaching) -November 2004-2011**

Santa Fe, NM

Proprietor. Led individual, couples and group coaching sessions with small business owners, artists, and within government and non-profit agencies. Integrated life balance and personal development work with achievement of business and organization goals. Specialized in team building, envisioning, and goal setting. Trained managers to coach employees for better work Performance.

**Carrie Ishee, M.A. - January 1996- 2004**

Santa Fe, NM and Skagway, AK

*Proprietor. Orchestrated therapy practice treating clients in trauma resolution and addiction recovery. Coached clients to engage the creative process for healing. Facilitated individual, couples, family, and group therapy sessions.*

**Life Healing Center of Santa Fe - 1994-1999 Santa Fe, NM**

Santa Fe, NM

*Art therapist. Trauma Therapist. Served as primary therapist to dually diagnosed post-traumatic stress and addiction survivors. Developed and implemented treatment plans, led large and small recovery and therapy groups, developed art therapy program at 30-bed residential treatment center. Interfaced with other agencies, families, and aftercare services.*

*Affiliations - The Global Coherence Project, Institute of Heart Math, International Coaching Federation, American Art Therapy Association, Association of Partners of Sex Addicts Trauma Specialists*

**INTERESTS**

*Family life, abstract painting, vocalist, Shamanic studies, spiritual development gardening, tennis, fitness, travel, sewing, cooking, writing*

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